



# Embassy Montreal

**Age range: 12-17**

**Dates: 4 July to 1 August**

Canada's largest English and French speaking city is a beautiful mix of traditional European charm and modern North America. Its warm summers make it an ideal time to explore this lively destination. Join our Montreal junior English course, improve your ability and have experiences you will never forget.

Our programme offers students language classes with a fun and dynamic activities programme we call active learning. The activities offer a balance of sports, cultural activities, tourist attractions and workshops. Students will learn a new skill, discover Montreal and practice their English and French skills in the process!

Embassy Summer are leaders in the market of Young Learners in Quebec as we are the only private language school that has received accreditation from the Quebec Camp Association. It speaks of a standard that is well respected and recognized. In Canada, it is one of the quality assurance tools used by parents in selecting a summer camp for their children.

## Accommodation

### Homestay

- Single room, shared bathroom, full board
- Twin/triple room available only for students travelling together (upon request)
- Laundry facilities are available to the student at their homestay
- Linen and towels are provided by the homestay provider and are cleaned weekly
- Homestay providers are all located within a 60-minute bus/metro journey to school/city centre (average 45 minutes)
- Bedrooms and bathrooms will be cleaned once a week by the homestay provider

### Residential accommodation

- Only available for groups
- Standard twin rooms with shared bathrooms
- Laundry is available free of charge at the residence
- Linen and towels are provided and changed weekly
- Common spaces are available where students can socialise

## Language programme

- Taught by friendly and professional English and French teachers
- 20 x 45-minute lessons per week morning
- Placement test on day 1 to ensure students in appropriate level
- Students will be placed in an international class with students of different nationalities
- Spacious classrooms
- Curriculum with emphasis on communication skills
- Course materials included as well as an end of course report and certificate

## Homestay accommodation

The majority of our students stay in a local family to experience the true Canadian culture and way of life. Families are on average located 45 minutes away from school.

### Rooms include

- Bed
- Storage space
- Wireless Internet access
- If there is not a desk available in the bedroom, there will be a space provided in another room in the house for the student to study/work

### Type of room

- Single room with shared bathroom
- Twin/triple room available only for students travelling together (upon request)

### Meals

Meals will be served in the homestay. Meals can include:

**Breakfast** - Juice and/or milk, fruit, cereal and/or muffins, toast/bagels

**Lunch** - Packed lunch is provided by the homestay, consisting of Sandwich (e.g, sliced turkey, cheese, tomato and lettuce), fruit and vegetables (e.g, apple, orange, banana, carrot and celery sticks), juice box, snacks (e.g, pretzels, nuts, crackers)

**Dinner** - Evening meal with the homestay

#### Sample Menu

Pasta, salad, bread and cheese, dessert and/or fruit

Or

Roast chicken and potatoes, cooked vegetables, dessert and/or fruit

## Residence accommodation

Students are staying at the Grey Nuns residence which is a student residence at Concordia University. It's a beautiful heritage building located in the heart of downtown Montreal.

### Rooms include

- Single bed
- Wardrobe
- Desk and chair
- Wash basin
- Mini-fridge

### Meals

Meals will be served in an on-site canteen at the residence. Meals can include:

**Breakfast** - French toast, pancakes or waffles (specific days) or toast, bagels, cereals, scrambled eggs, fruits, coffee and tea

**Lunch** - Packed lunch is provided and usually consists of sub sandwich with roast beef, turkey or grilled vegetables and a baked cookie, fruit and canned juice

**Dinner** - Tasty and wholesome dinners are provided, always a hot meal such as Italian spaghetti with a side salad and garlic bread and assorted desserts

## Programme information

### Arrival

Students will be met by an Embassy Summer representative holding a sign with the EC logo. For international flights, the EC representative will be standing outside the Immigration and Customs area. If arriving via a domestic flight, students will be met in the baggage claim area.

### Welcome

Homestay students will be welcomed by their homestay on arrival. They receive a welcome letter containing course information, house routines, information about the family and how to commute to school. Homestay students will spend their first evening(s) with their homestay.

### Activities

Activities are organised in between lessons and during evenings. These activities could be on-site, near the centre/school or around the city of Montreal. These may include:

- **Sports** such as soccer, rock climbing, volleyball, ice skating, jet boating and mini golf
- **Cultural activities** such as drama workshops, museum visits and science centre
- **Evening activities** such as Jazz festival, Shakespeare in the park and Underground city tour

### Excursions

#### Full-day excursions from Montreal include:

##### Ottawa

Ottawa is the capital of Canada, and a very beautiful city to visit about two hours from Montreal.

On this trip, student will see Rideau Hall – a beautiful grounds and the official residence of the Governor-General of Canada. They will be able to see over 100 ceremonial trees planted by politicians and dignitaries from all around the world. After that, students will have a walking tour of Ottawa. They will visit the outside of the majestic Parliament buildings, The Rideau Canal, The Famous Ottawa Spider, and finally The Byward Market.

##### Mont-Tremblant:

Students get to explore this beautiful and charming city, located about 1.5 h from Montreal. The city has a great shopping, cute cafés and rich cultural heritage. It's located by a lake at the foot of the mountain Mont Tremblant, which is a famous ski resort in the winter time. There is a lot to do here such as hiking, cycling, canoeing and ziplining.

##### Quebec City

On this trip, students will see the beautiful Montmorency Falls and the romantic, historic City of Quebec. Montmorency Falls is the tallest waterfall in the province of Quebec. Students will be impressed by the grand expanses of nature that typifies Quebec.

Students will enjoy an hour-long walking tour of the upper and lower cities of Quebec. They will hear about the history of this city, and see the Murals, The Dufferin Terrasse, the famous cannonball, La Petite Champlain, The St-Lawrence River, and of course, the World-Famous Chateau Frontenac. Students will get to see history, beauty and culture all in one day!

*This programme is for illustrative purposes and activities and visits may change*

## Sample programmes

### Full summer sample programme - Montreal

Each 14-night stay will include 10 half-day trips to exciting places around Montreal such as the Museum of Fine Arts, Pointe a Calliere Museum and Mount Royal. It also includes full-day excursions to Quebec, Ottawa, Mont-Tremblant and Six Flags Amusement Park.. Transport for trips may be by private coach or public transport.

This programme is for illustrative purposes and activities and visits may change.

### Sample programme

Week 1 / Week 4	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Jul 4 / Jul 25	Jul 5 / Jul 26	Jul 6 / Jul 27	Jul 7 / Jul 28	Jul 8 / Jul 29	Jul 9 / Jul 30	Jul 10 / Jul 31
Morning	Welcome Arrivals	Testing, orientation and Lessons	Lessons	Lessons	Lessons	Lessons	Full-day excursion to Quebec
Afternoon	Get to know your homestay family	Museum of Fine Arts	Canoeing	Tour of Little Italy and Jean Talon Market	Ice skating	Bowling	
Evening	Practice English/French with homestay	Explore Montreal	Practice English/French with friends	Discover a new neighbourhood	Food Truck Festival	Just for Laughs	Practice English/French with homestay

Week 2	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Jul 11	Jul 12	Jul 13	Jul 14	Jul 15	Jul 16	Jul 17
Morning	Shopping in Montreal's underground or visit Montreal's clock tower beach.	Lessons	Lessons	Lessons	Lessons	Lessons	Full-day excursion to Mont Tremblant
Afternoon	Spend time with homestay	Inventions workshop	Bubble soccer	Coding workshop at Apple	Pointe a Calliere	Jet boating	
Evening		Explore Montreal	Shakespeare in the Park	Discover a new neighbourhood	Mondiale des Jeux	Practice English/French with friends	

Week 3	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Jul 18	Jul 19	Jul 20	Jul 21	Jul 22	Jul 23	Jul 24
Morning	Shopping in the city	Lessons	Lessons	Lessons	Lessons	Lessons	Full-day excursion to Ottawa
Afternoon		CBC Tour	City Hall tour	Montreal History Museum	Kickboxing	Grevin Wax Museum	
Evening	Spend time with homestay	Sunset hike up Mount Royal	Explore Montreal	Shopping in the underground	Jazz Festival	Sunset hike up Mount Royal	



# Student Welfare

---

We place the highest priority on care and supervision at all of our Embassy Summer centres, so you can rest assured that students are well looked after.

## Office address

EC Montreal  
1610 Sainte-Catherine Street West, Suite 401  
Montreal, Quebec, Canada H3H2S2  
Tel: +1 514 939 9911

## Student services

Our student support staff can help you with:

- Accommodation
- Airport transfers
- Information about local services
- Assistance with individual and personal problems
- Emergency contact

## Medical information

If a student needs medical attention, an Embassy staff member will help them to make an appointment. Group leaders must accompany the student to an appointment. An Embassy staff member will accompany any student that is not part of a group.

## Local clinic

Metro-Medic Medical Clinic  
1538 Sherbrooke St W.  
Montreal, Quebec, Canada H3G1L5  
Tel: +1 514 932 2122

## Local hospital

Montreal General Hospital  
1650 Cedar Ave  
Montreal, Quebec, Canada H3G1A4  
Tel: +1 514 934 1934

## Local dentist

Clinique Dentaire Spécialisée Le Faubourg  
1610 Rue Sainte-Catherine O Suite 409,  
Montréal, Quebec, Canada H3H2S2  
Tel : +1 514 931 6663

## Insurance

All of Embassy Montreal students are provided with medical insurance by the school. They will be given proof of insurance on their first day of school.

## In case of emergency

A 24-hour emergency telephone number is available all summer: +1 514 947 1030

