

## Multi Activities

Keep the mind and body active by participating in a variety of fun sports and challenging activities.

With swimming pools available as well as fantastic sports facilities and spacious grounds, our activities team organise a different combination of sports and activities every day to ensure a varied week.

Students will spend 2 hours per day over 4 days participating in a selection of activities that may include tennis, football, swimming, as well as treasure hunts and team games.

## MULTI ACTIVITIES KEY FACTS:

- · 15 hours English language tuition
- · Multi activities 4 days per week, 2 hours per day
- · Coach to student ratio is 1:12
- Students join in the whole school activity hour where they will get a chance to mix with students on other programmes
- · Available at Roedean and Warminster

HOURS OF ENGLISH LESSONS PER WEEK

HOURS OF MULTI-ACTIVITIES for 4 afternoons EACH WEEK

## Sample programme\* - a typical week will include:

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
8:45-9:00	ASSEMBLY						EXCURSION TO CANTERBURY
9:00-10:00	ENGLISH	ENGLISH	ENGLISH	ENGLISH	ENGLISH	EYE, TOUR, COVENT	
10:00-10:10*			BREAK			GARDEN	
10:10-11:10	ENGLISH	ENGLISH	ENGLISH	ENGLISH	ENGLISH		
11:10-11:30			BREAK				
11:30-12:30	ENGLISH	ENGLISH	ENGLISH	ENGLISH	ENGLISH		
	LUNCH						
AFTERNOON	TREASURE HUNT AND SWIMMING	HOCKEY AND ART	BRIGHTON PIER AND THE PAVILION	BADMINTON AND DRAMA	TEAM GAMES AND TABLE TENNIS TOURNAMENT		
	DINNER						
EVENING	KARAOKE/ ARTS & CRAFTS	HOUSE NIGHT/ INDOOR SPORTS	INTER-HOUSE TOURNAMENT	INFLATABLES/ CARNIVAL	SWIMMING/ TALENT SHOW	THEMED DISCO/ HOUSE GAMES	WELCOME NEW STUDENTS TOURNAMENT

<sup>\*</sup> This is a sample programme only and is subject to change. Break times vary between schools. Snacks and drinks will be available at break time