Sailing
Make a splash this summer and take to the water for a sailing course.

This programme gives students the opportunity to take advantage of fully qualified and experienced instructors – accredited by the Royal Yachting Association.

Students will take to the water on the English Channel as well as Hove Lagoon. They will learn basic nautical skills and get to sail in a variety of boats. Buoyancy aids are provided.

Students will be awarded RYA level 1 dinghy certificate, or higher depending on their level and boats used.

SAILING KEY FACTS:
· 15 hours English language tuition per week
· Sailing 4 days per week, 2 hours per day
· The club provides buoyancy aids
· Instructor to student ratio is from **1:3 to 1:5** depending on the boat
· Students join in the whole school activity hour where they will get a chance to mix with students on other programmes
· Available at **Roedean**

Please note: Parents/guardian must sign a pre-registration form and consent form for the student to be allowed to participate

15
HOURS OF ENGLISH LESSONS PER WEEK

4
AFTERNOONS SAILING PER WEEK

Sample programme* - a typical week will include:

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
8:45-9:00	ASSEMBLY					EXCURSION TO BATH AND STONEHENGE	EXCURSION TO LONDON: LONDON EYE, TOUR, COVENT GARDEN
9:00-10:00	ENGLISH	ENGLISH	ENGLISH	ENGLISH	ENGLISH		
10:00-10:10*	BREAK						
10:10-11:10	ENGLISH	ENGLISH	ENGLISH	ENGLISH	ENGLISH		
11:10-11:30	BREAK						
11:30-12:30	ENGLISH	ENGLISH	ENGLISH	ENGLISH	ENGLISH		
	LUNCH						
AFTERNOON	LEVEL ASSESSMENT, KNOT PRACTICE AND SAILING	LEARNING TO RIG, TIE KNOTS AND SAIL	HERSTMONCEUX OBSERVATORY AND SCIENCE PARK	LAUNCHING AND LANDING THE BOAT	PRACTISE NEW SKILLS SAILING AROUND BRIGHTON MARINA		
	DINNER						
EVENING	KARAOKE/ ARTS & CRAFTS	HOUSE NIGHT/ INDOOR SPORTS	INTER-HOUSE TOURNAMENT	INFLATABLES/ CARNIVAL	SWIMMING/ TALENT SHOW	THEMED DISCO/ HOUSE GAMES	WELCOME NEW STUDENTS TOURNAMENT

* This is a sample programme only and is subject to change. Break times vary between schools. Snacks and drinks will be available at break time