



“I THINK THE MAIN THING THE STUDENTS LOVE about coming here is having a COMPLETELY NEW EXPERIENCE, and the fact that everyone is in the same situation.”  
HAYLEY, WELFARE OFFICER

# Outdoor Adventures

## Making an adventure playground of the natural world and learning basic survival skills.

Over 4 days students will take part in 4 exciting activities, for 2 hours each day. Located in 80 acres of stunning woodland, and with the support of experienced and qualified instructors, students will enjoy:

**Archery:** holding, loading, controlling and shooting a bow over a 10 metre distance.

**Bushcraft:** fire-making, wood carving and cooking on an open fire, plus other activities to build a greater appreciation of survival in the wild.

**Canoeing:** learning different strokes to control movement and speed on a lake.

**Climbing:** becoming familiar with the equipment, safety rules and techniques on progressively harder climbs.

### OUTDOOR ADVENTURES KEY FACTS:

- 15 hours English language tuition per week
- 2 hours per week of each activity: archery, canoeing, climbing and bushcraft skills
- Instructor to student ratio of 1:9 maximum
- Students join in the whole school activity hour where they will get a chance to mix with students on other programmes
- Available at **Warminster**

**Please note:** Parents/guardian must sign a pre-registration form and consent form for the student to be allowed to participate

15

HOURS OF ACADEMIC ENGLISH LESSONS PER WEEK

2

HOURS FOR EACH ACTIVITY PER WEEK

Sample programme\* - a typical week will include:

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
8:45-9:00	ASSEMBLY					EXCURSION TO BATH AND STONEHENGE	EXCURSION TO LONDON: LONDON EYE, TOUR, COVENT GARDEN
9:00-10:00	ENGLISH	ENGLISH	ENGLISH	ENGLISH	ENGLISH		
10:00-10:10*	BREAK						
10:10-11:10	ENGLISH	ENGLISH	ENGLISH	ENGLISH	ENGLISH		
11:10-11:30	BREAK						
11:30-12:30	ENGLISH	ENGLISH	ENGLISH	ENGLISH	ENGLISH		
	LUNCH						
AFTERNOON	ARCHERY: CORRECT HOLDING, BODY POSITION, LOADING TECHNIQUES	CANOERING: FORWARD, REVERSE AND SIDE PADDLING, TURNING TECHNIQUES	CHEDDAR GORGE	BUSHCRAFT: FIRE-MAKING TECHNIQUES, WHITTILING AND COOKING ON AN OPEN FIRE	CLIMBING: SAFETY AND EQUIPMENT CHECKING, BELAYING TECHNIQUES, USE OF GRIGRI		
	DINNER						
EVENING	KARAOKE/ ARTS & CRAFTS	HOUSE NIGHT/ INDOOR SPORTS	INTER-HOUSE TOURNAMENT	INFLATABLES/ CARNIVAL	SWIMMING/ TALENT SHOW	THEMED DISCO/ HOUSE GAMES	WELCOME NEW STUDENTS TOURNAMENT

\* This is a sample programme only and is subject to change. Break times vary between schools. Snacks and drinks will be available at break time