

3 WEEK SAMPLE PROGRAMMES

Extra

Each 14-night stay will include 10 half-day trips to exciting places around Montreal such as the Museum of Fine Arts, Pointe a Calliere Museum and Mount Royal. It also includes full-day excursions to Quebec, Ottawa, Mont-Tremblant and Six Flags Amusement Park. Transport for trips may be by private coach or

public transport.

This programme is for illustrative purposes and activities and visits may change.

WEEK 1/4	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Jul5/Jul26	Jul6/Jul27	Jul7/Jul28	Jul8/Jul29	Jul9/Jul30	Jul10/Jul31	Jul11/Aug1
Morning	Welcome Arrivals	Testing, Orientation and Lessons	Lessons	Lessons	Lessons	Lessons	Full-day excursion to Quebec
Afternoon	Get to know your homestay family	Museum of Fine Arts	Canoeing	Tour of Little Italy and Jean Talon Market	Ice skating	Bowling	
Evening	Pratice English/French with homestay	Explore Montreal	Practise English/French with friends	Discover a new neighbourhood	Food Truck Festival	Just for Laughs	

WEEK 2	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
	Jul12	Jul13	Jul14	Jul15	Jul16	Jul17	Jul18	
Morning	Shopping in Montreal's underground or visit Montreal's clock tower beach.		Lessons	Lessons	Lessons	Lessons	Full-day excursion to Mont Tremblant	
Afternoon	Spend time with homestay		Inventions workshop	Bubble soccer	Coding workshop at Apple	Pointe a Calliere		Jet boating
Evening			Explore Montreal	Shakespeare in the Park	Discover a new neighbourhood	Mondiale des Jeux		Practise English/French with friends

WEEK 3	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Jul19	Jul20	Jul21	Jul22	Jul23	Jul24	Jul25
Morning	Shopping in the city	Lessons	Lessons	Lessons	Lessons	Lessons	Full-day excursion to Ottawa
Afternoon		CBC Tour	City Hall tour	Montreal History Museum	Kickboxing	Grevin Wax Museum	
Evening		Spend time with homestay	Sunset hike up Mount Royal	Explore Montreal	Shopping in the underground	Jazz Festival	